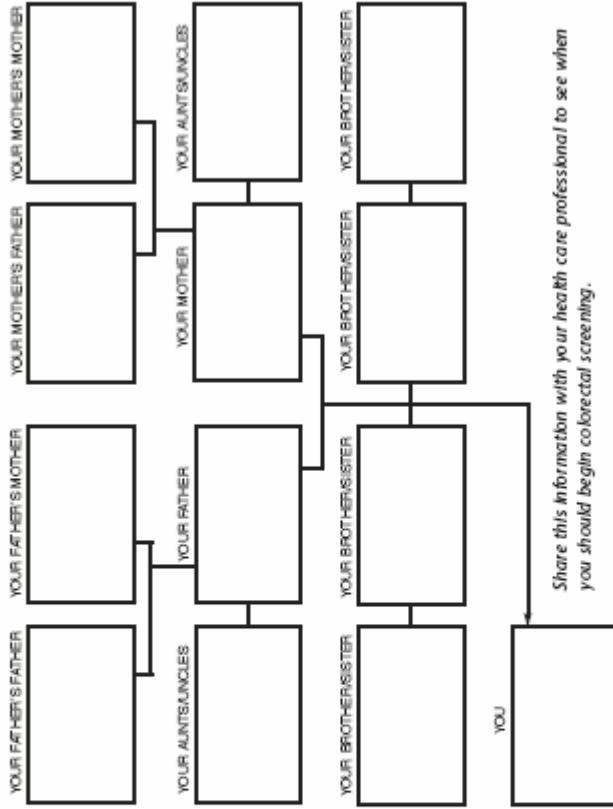


# CREATING YOUR FAMILY MEDICAL HISTORY CHART

Instructions: You may have a greater risk for colorectal cancer if you have a personal or family history of certain diseases, colorectal cancer, or of polyps in the colon or rectum. To help determine your risk, complete this family medical history. For each blood relation, mark in the box if they have had any of the following medical problems and their age at diagnosis:  
 colorectal cancer; inflammatory bowel disease (Crohn's or colitis); stomach or bowel problems; or colorectal polyps.



Share this information with your health care professional to see when you should begin colorectal screening.



March is National Colorectal Cancer Awareness Month, founded by the Cancer Research and Prevention Foundation in collaboration with many patient organizations. Colorectal cancer is preventable, and is easy to treat and often curable when detected early. Talk with your health care professional about colorectal cancer today.

To learn more, visit our Web site at [www.preventcancer.org/colorectal](http://www.preventcancer.org/colorectal)