

# Bone Density Patient Information Sheet

Name (print): \_\_\_\_\_ Date: \_\_\_\_\_

Is there a chance that you are pregnant: Yes No

Have you had a barium X-ray in the last 2 weeks? Yes No

Have you had a nuclear medicine scan or injection of an X-ray dye in the last week? Yes No

Your age: \_\_\_\_\_ Your sex (circle): Female Male

Have you ever had a bone density test? Yes No

Where? \_\_\_\_\_

Your tallest height (late teens or young adult): \_\_\_\_\_

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Your ethnicity (circle): Caucasian (white) Black Asian Hispanic Other

Do you drink alcohol? Yes No

Do you have (circle): 0-2 drinks/day 3 or more drinks/day

Did either of your parents have a broken hip? Yes No

Have you taken steroids (glucocorticoids) in the past, for more than 3 months? Yes No

Are you taking steroids (glucocorticoids) now? Yes No

Have you ever broken a bone from a minor injury? Yes No

Do you have Rheumatoid Arthritis? Yes No

Do you have any ongoing medical problems? \_\_\_\_\_  
(such as: Diabetes mellitus, kidney failure, liver impairment, multiple sclerosis, chronic obstructive pulmonary disease (COPD), hyperparathyroidism, hyperthyroidism, hypercortisolism, cushing's disease, anorexia nervosa, bulimia, or malabsorption syndromes such as celiac disease)

Do you smoke (use tobacco products) Yes No

Have you had surgery of the spine, hips, legs, or arms? Yes No

If yes, which bone, which side? \_\_\_\_\_

Do you take calcium: Yes No How much / how often? \_\_\_\_\_

Do you take Vitamin D? Yes No How much / how often? \_\_\_\_\_

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### For WOMEN only:

When was your last period? \_\_\_\_\_ Age at menopause? \_\_\_\_\_

Have you had a hysterectomy? Yes No

Have you had your ovaries removed? Yes No

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### For TECHNOLOGIST ONLY: (circle responses)

Technical limitations: NO Yes: \_\_\_\_\_

Were sites excluded or not scanned? NO Yes: \_\_\_\_\_

If lowest T-score -1.1 to -2.4: FRAX done FRAX not done due to: \_\_\_\_\_

*Please answer questions on the other side also*

**Are you currently taking or have you previously taken any of the following medications?**

Prednisone (cortisone)	Yes	Currently / in the past? For how long? _____
Medication for seizures or epilepsy	Yes	Currently / in the past? For how long? _____
Medication for prostate cancer	Yes	Currently / in the past? For how long? _____
Medication to prevent transplant rejection	Yes	Currently / in the past? For how long? _____
Chemotherapy for cancer	Yes	Currently / in the past? For how long? _____

Name of medicine: \_\_\_\_\_

Hormone therapy for cancer	Yes	Currently / in the past? For how long? _____
Anastrozole - (Arimidex)		
Letrozole - (Femara)		
Exemestane - (Aromasin)		

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Hormone replacement therapy (Estrogen)	Yes	Currently / in the past? For how long? _____
Raloxifene (Evista)	Yes	Currently / in the past? For how long? _____
Testosterone	Yes	Currently / in the past? For how long? _____
Sodium fluoride	Yes	Currently / in the past? For how long? _____
Teriparatide (Forteo, PTH)	Yes	Currently / in the past? For how long? _____
Calcitonin (Miacalcin, Fortical)	Yes	Currently / in the past? For how long? _____
Etidronate (Didronel/Didrocal)	Yes	Currently / in the past? For how long? _____
Alendronate (Fosamax)	Yes	Currently / in the past? For how long? _____
Risedronate (Actonel, Atelvia)	Yes	Currently / in the past? For how long? _____
Pamidronate (Aredia)	Yes	Currently / in the past? For how long? _____
Ibandronate (Boniva)	Yes	Currently / in the past? For how long? _____
Zoledronic acid (Zometa, Reclast)	Yes	Currently / in the past? For how long? _____
Denosumab (Prolia, Xgeva)	Yes	Currently / in the past? For how long? _____
Abaloparatide (Tymlos)	Yes	Currently / in the past? For how long? _____