

**POST PROCEDURE INSTRUCTIONS
VENACURE PATIENTS**

1. Leave the compression stockings on for the first 24 hours.
2. Wear the compression stockings during the day and, if tolerable, at night for 3-4 weeks..
3. Resume regular activity immediately. Walking is encouraged.
4. Do not drive for 24 hours.
5. Elevate the affected leg when sitting as much as possible. You will experience some bruising..
6. You may shower after 24 hours. Do not take a tub bath. Do not get into a Jacuzzi or sauna for 2 weeks.
2 hours prior to the appointment.
7. No vigorous aerobic exercise or weight training for 1 week.
8. No plane flights for 4 weeks..
9. Take Tylenol for pain medication as needed. Avoid ibuprofen, Advil, Motrin, Aleve and aspirin for 48 hours..

If you have further questions please call our staff at 336-433-5050.
After hours or weekends you may call Moses Cone Hospital Radiology
at 336-832-8140.

Signature: _____ Date: _____

Witness: _____ Date: _____
